THE UNOFFENDABLE HEART

DISCUSSION GUIDE

SCHOOL

LESSON ONE
DISCUSSION

ICE BREAKER

When you were growing up, did your school ever do a fire drill?

WATCH THE VIDEO WITH YOUR GROUP.

TAKE TIME TO DISCUSS THESE QUESTIONS:

1. **What are some common offenses that happen?**
2. **How do you usually react when you're offended?**
3. **How does identity play a part in overcoming offense?**

MEMORY VERSE:

You shall not take vengeance, nor bear any grudge against the children of your people, but you shall love your neighbor as yourself: I am the LORD.
(Leviticus 19:18 NKJV)

LESSON TWO
DISCUSSION

ICE BREAKER

What was the neighborhood you grew up in like?

WATCH THE VIDEO WITH YOUR GROUP.

TAKE TIME TO DISCUSS THESE QUESTIONS:

1. **Have you ever had an argument, but it was truly about another deeper issue within you?**
2. **What are some of your triggers that escalate offense?**
3. **What is an area of your heart that still needs to be healed?**

MEMORY VERSE:

Therefore receive one another, just as Christ also received us, to the glory of God. (Romans 15:7 NKJV)

LESSON THREE
DISCUSSION

ICE BREAKER

What was the thing that made you feel angry?

WATCH THE VIDEO WITH YOUR GROUP.

TAKE TIME TO DISCUSS THESE QUESTIONS:

1. **Have you ever had a good intention that got misinterpreted? How did you respond?**
2. **What does “stay in Jericho” look like for you, according to this lesson?**
3. **What does true justice mean?**

MEMORY VERSE:

The discretion of a man makes him slow to anger, And his glory is to overlook a transgression. (Proverbs 19:11 NKJV)

LESSON FOUR
DISCUSSION

ICE BREAKER

Give an example of a time someone was really offended at something you did/said.

WATCH THE VIDEO WITH YOUR GROUP.

TAKE TIME TO DISCUSS THESE QUESTIONS:

1. **What does “I put it in your hands” mean?**
2. **What happens in you when you take offense?**
3. **Where are you most vulnerable to offense?**

MEMORY VERSE:

Beloved, do not avenge yourselves, but rather give place to wrath; for it is written, “Vengeance is Mine, I will repay,” says the Lord. (Romans 12:19 NKJV)

LESSON FIVE
DISCUSSION

ICE BREAKER

Tell us of a time you took vengeance out on someone.

WATCH THE VIDEO WITH YOUR GROUP.

TAKE TIME TO DISCUSS THESE QUESTIONS:

1. **How do you step away from having a victim mindset?**
2. **How can you become confident?**
3. **As you think in your heart, so are you. What does your heart say about who you are?**

MEMORY VERSE:

For as he thinks in his heart, so is he. "Eat and drink!" he says to you, But his heart is not with you. (Proverbs 23:7 NKJV)

LESSON SIX
DISCUSSION

ICE BREAKER

Tell us about a time you really felt tested by God.

WATCH THE VIDEO WITH YOUR GROUP.

TAKE TIME TO DISCUSS THESE QUESTIONS:

1. **The foundation of our faith must be able to withstand offense. How can we do that?**
2. **What is the difference between a taker and a builder?**
3. **How can conflict invite a deeper level of intimacy?**

MEMORY VERSE:

So then, my beloved brethren, let every man be swift to hear, slow to speak, slow to wrath; for the wrath of man does not produce the righteousness of God. (James 1:19-20 NKJV)

LESSON SEVEN

DISCUSSION

ICE BREAKER

What is the best memory you have growing up?

WATCH THE VIDEO WITH YOUR GROUP.

TAKE TIME TO DISCUSS THESE QUESTIONS:

1. **Why should our response be like Joshua's?**
2. **What causes courage to grow in our hearts?**
3. **What does "I'm in transition" mean, and why should that change?**

MEMORY VERSE:

Only be strong and very courageous, that you may observe to do according to all the law which Moses My servant commanded you; do not turn from it to the right hand or to the left, that you may prosper wherever you go. (Joshua 1:7 NKJV)

LESSON EIGHT
DISCUSSION

ICE BREAKER

What are some changes you've noticed within yourself through this course?

WATCH THE VIDEO WITH YOUR GROUP.

TAKE TIME TO DISCUSS THESE QUESTIONS:

1. **A lifetime of bad memories might say one thing, but how can you contradict those memories with what God says? Give an example.**
2. **Take time to search your heart. Is there an area of your heart that has been offended toward God because of an event?**
3. **Is there a memory that still needs to be healed? How can that begin?**

MEMORY VERSE:

Forgiving one another, if anyone has a complaint against another; even as Christ forgave you, so you also must do. (Colossians 3:13 NKJV)