THE UNOFFENDABLE HEART

SCHOOL

LESSON ONE

THE CHAMBER OF EXPECTATION - PART 1

The dictionary definition of offense is an annoyance or resentment brought about by a perceived insult to oneself or one's standards or principles.

Psychologists call offense a narcissistic injury because it bruises our egos and makes us feel belittled.

Ultimately, all types of offense boil down to the same basic feelings of being devalued or disrespected.

THREE BIBLICAL EXAMPLES

1. **Offense is the (false) belief that holding a grudge helps you and enacts revenge on the offender.**
   Leviticus 19:18: "'Do not seek revenge or bear a grudge against anyone among your people, but love your neighbor as yourself. I am the Lord.

2. **Offense is the surprise brought on by the expectation that people will never hurt you.**
   "If the world hates you, keep in mind that it hated me first. If you belonged to the world, it would love you as its own. As it is, you do not belong to the world, but I have chosen you out of the world. That is why the world hates you. Remember what I told you: 'A servant is not greater than his master.' If they persecuted me, they will persecute you also. If they obeyed my teaching, they will obey yours also." (John 15:18-20)

   Recruit first, rebuke later, as Jesus did with Peter.

3. **Offense is the stethoscope for identity disease of the heart.**
   Accept one another, then, just as Christ accepted you, in order to bring praise to God. (Romans 15:7)

   "Accept one another just as Christ accepted you" is a command that's possible, and it causes us to remember who we are and whose we are.

   When you know who you belong to, it's hard to get offended.

   The identity disease of the heart is healed by finding your identity in Christ.

LESSON TWO

THE CHAMBER OF EXPECTATION - PART 2

1. SECURE YOUR IDENTITY

Most acts of aggression are a result of a threat to identity.

When we are in moments in which our identity is threatened, we try to assert control.

Understand that the greatest affirmation you need is not from people, but from God.

Go to God for approval instead of people.

2. REALIGN YOUR EXPECTATIONS

Expect to need God's grace as much for your own life as the person who sins differently than you.

Expect to be hurt by human beings who project a sense of identity but are still just one statement away from ripping their wife's head off.

There is only One who is powerful enough to heal the chamber of expectation, and that is Jesus Christ alone.

Let Jesus heal the chamber of expectation today.

LESSON THREE

THE CHAMBER OF JUSTICE - PART 1

Then He said to the disciples, "It is impossible that no offenses should come, but woe to him through whom they do come!" (Luke 17:1 KJV)

1. OFFENSE IS INEVITABLE

It's impossible to live life without encountering something offensive. It's not possible to escape it. Since it is impossible to escape, you must learn how to handle it.

> *Then David said, "I will show kindness to Hanun the son of Nahash, as his father showed kindness to me."*
>
> *So David sent by the hand of his servants to comfort him concerning his father. And David's servants came into the land of the people of Ammon. And the princes of the people of Ammon said to Hanun their lord, "Do you think that David really honors your father because he has sent comforters to you? Has David not rather sent his servants to you to search the city, to spy it out, and to overthrow it?"*
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> *Therefore Hanun took David's servants, shaved off half of their beards, cut off their garments in the middle, at their buttocks, and sent them away. When they told David, he sent to meet them, because the men were greatly ashamed. And the king said, "Wait at Jericho until your beards have grown, and then return." (2 Samuel 10:2-5 NKJV)*

Their beards represented:

1. Rank
2. Identity
3. Honor
4. Authority

Oftentimes, your identity, rank, or even authority might be challenged.
David did not retaliate. Instead, he told his men to go to the "sweet place."

2. GO TO THE SWEET PLACE

People often go to the wrong place.

There are things that can't be solved with a post; they can only be solved with a prayer. Before retaliating, deal with the issue in prayer.

LESSON FOUR

THE CHAMBER OF JUSTICE - PART 2

Beloved, never avenge yourselves, but leave it to the wrath of God, for it is written, "Vengeance is mine, I will repay, says the Lord." (Romans 12:19 ESV)

1. DEAL WITH EXPECTATIONS

If the expectations in your heart have been dealt with, but the chamber of justice has not, your whole heart is still diseased.

If you have a desire to make wrong things right, but this is the case, you will likely make wrong things more wrong.

> *David told Joab to take some mighty men, while the others were in the sweet place. (2 Samuel 10:6 NKJV)*

2. LEARN TO TRUST GOD

When we allow God to deal with an issue, He will bring true justice where it's needed.

> *Strengthening the souls of the disciples, encouraging them to continue in the faith, and saying that through many tribulations we must enter the kingdom of God. (Acts 14:22 ESV emphasis added)*

The stronger your heart is in this chamber, the more you will be able to tolerate. If this area is not strengthened, we will not be able to withstand.

> *It does not dishonor others, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. (1 Corinthians 13:5 emphasis added)*

Take the word "love" in this chapter and replace it with your name. That is a great indicator that the chamber of justice has been healed.

> *Then came Peter to him, and said, Lord, how oft shall my brother sin against me, and I forgive him? till seven times? Jesus saith unto him, I say not unto thee, Until seven times: but, Until seventy times seven." (Matthew 18:21-22 KJV)*

It's not about keeping count; it's about losing count.
Keep forgiving.

LESSON FIVE

THE CHAMBER OF CONFIDENCE - PART 1

For as he thinketh in his heart, so is he: Eat and drink, saith he to thee; but his heart is not with thee. (Proverbs 23:7 KJV)

If people in your life had thin skin, how would you treat them if you saw yourself as the doctor, the healer, and not the victim?

Doctors can tolerate a lifetime of hurting, fragile, and agitated people because their identity breeds confidence and care for them!

There has to be a time when you stop keeping records of wrong, when you stop being the “patient” and take on the role of the doctor, like Christ – the Great Physician.

1. VICTIM OR VICTOR

Are you a victim or a victor?

Will you stay in the position of victim and build an entire identity around being “a wounded one?”

2. PLACE YOUR IDENTITY IN CHRIST

Whoever you put the most confidence in becomes the greatest source of your confidence.

Don’t put your confidence in a person; put your confidence in the Holy Spirit who works in that person. When you learn to do that, you’ll be able to continue to release forgiveness time and time again.

LESSON SIX

THE CHAMBER OF CONFIDENCE - PART 2

Faith not tested cannot be trusted.

1. GOD ALLOWS OFFENSE

God will sometimes allow offense in order to check the confidence in your heart.

Jesus checked the disciples chamber of confidence with the stethoscope of offense.

> *Jesus said to them, "Very truly I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. Whoever eats my flesh and drinks my blood has eternal life, and I will raise them up at the last day." (John 6:53)*

Jesus released this word to them, knowing that it would be offensive upon their hearing it.

> *When they heard this, they said, "This is a hard saying; who can understand it?" When Jesus knew in Himself that His disciples complained about this, He said to them, "Does this offend you?" (John 6:60-61 NKJV)*

What is the substance of your belief? Can it withstand offense?

2. DON'T BE AFRAID OF TENSION

Tension leads to greater intimacy. God wants to allow the tension in a relationship to bring intimacy, not division.

When you build consistency in dealing with matters by not holding offense, you deal with conflicts in a way that honors God and breeds confidence.

LESSON SEVEN

THE CHAMBER OF MEMORY - PART 1

After the death of Moses the servant of the Lord, the Lord said to Joshua son of Nun, Moses' aide: "Moses my servant is dead. Now then, you and all these people, get ready to cross the Jordan River into the land I am about to give to them—to the Israelites. I will give you every place where you set your foot, as I promised Moses. (Joshua 1:1-3 NIV)

Be strong and courageous, because you will lead these people to inherit the land I swore to their ancestors to give them. (Joshua 1:1-6 NIV)

1. COURAGE IS REQUIRED

You don't need courage for the promise, you need courage for the path.

When we get offended by someone, we want to post on social media and talk about it because we lack confidence for the promise God gave us.

2. YOUR FUTURE IS NOT FRAGILE

Oftentimes, we hold on to an offense because we think a promise God gave us can't or won't happen in our lives.

When we go through the files of our lives, of memories that are stored away, there is a danger that we will look back to chapters and begin to judge those and predict a future that God didn't promise.

NEW DEFINITION OF COURAGE:

Courage is not just the ability to do what scares you but to have:
- Strength in the face of pain and grief
- Strength in the face of the memories
- Strength in the face of the events that caused the pain
- Strength to confront the chamber of memory

GOD WANTS TO GIVE YOU:

- Courage to forgive your leader who failed the greatest promise of your life
- Courage to pick up the pieces after they're gone, and begin to lead
- Courage to dream again when you feel like too much time has passed

Courage is the antivenom for the poison of tragic memories.

LESSON EIGHT

THE CHAMBER OF MEMORY - PART 2

Shortly before dawn Jesus went out to them, walking on the lake. When the disciples saw him walking on the lake, they were terrified. "It's a ghost," they said, and cried out in fear. But Jesus immediately said to them: "Take courage! It is I. Don't be afraid." "Lord, if it's you," Peter replied, "tell me to come to you on the water." "Come," he said. (Matthew 14:25-29)

1. IMPARTATION OF COURAGE

Peter faced a lifetime of memories that said water is not walkable - but he believed that Jesus made it possible.

You have a lifetime of memories that say pastors can't be trusted, men will hurt me, friends will leave; but Jesus will call you into a relationship to see the miraculous.

Jesus's invitation imparted courage. Jesus invited you to take courage and contradict a lifetime of memories.

2."IT WILL ALWAYS BE THIS WAY"

The chamber of memory will tell you that every memory proves that things cannot change.

Jesus invites you to take courage and contradict a lifetime of memories.

HOW DO YOU KNOW YOUR HEART IS RECEIVING COURAGE?

If your heart says, "Maybe this time it'll be different," then courage is being introduced.

Unoffendable hearts are healed in the chamber of memory. They don't hold offenses against people or God.

3. MIRACLES AND MEMORIES ARE CONNECTED

Sometimes you have to heal the memory to release the miracle.

God can't release us into the next season until we release the offenses we have against people and the offenses we have against Him.

> *But as for you, you meant evil against me; but God meant it for good, in order to bring it about as it is this day, to save many people alive. (Genesis 50:20 NKJV)*

4. CELEBRATE AS YOU RELEASE FORGIVENESS

> *Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus. (Philippians 4:6-7 NKJV)*

- Release forgiveness toward God.
- Release forgiveness to those whom God brings to your mind.

In doing so, allow God's peace to guard your mind.

THE UNOFFENDABLE HEART

Mike Signorelli is the founding pastor of V1 Church. In just five years, V1 Church has grown from one location to three campuses nationally across New York Metro, Brooklyn, and Indiana; including over 100 watch parties globally in homes. According to INJOY Stewardship Solutions, V1 Church achieved “fastest growing church in America” category for the last three years consecutively.

During the pandemic Mike started a teaching broadcast online that grew from 20 viewers to over 5 million per month across Facebook, Instagram, and Youtube simulcasts. As a result, V1 College was established to provide leadership and theological training. While only in the second year of operation, V1 College has 136 students enrolled from 16 nations.

Mike and Julie Signorelli have a passion for healthy marriages and relationships and share their story of healing—particularly in underserved populations with limited access to professional care. Their most recent marriage conference hosted over 2,500 couples as they renewed their vows.

Mike founded EIS (Emotionally Intelligent Solutions) through strategic partnership to provide scalable mentorship and support for high capacity leaders in crisis. Entrepreneurs, creators, and ministry leaders are provided with inborn personality assessments and biblical based coaching. EIS has become an invaluable tool for many seeking third-party, objective insights and development.

Seeing many struggle for basic necessities in New York City Metro, Mike and Julie responded with the creation of a non-profit called Operation Impact. Each Christmas, hundreds in shelters between Brooklyn and Long Island are provided with a Christmas miracle! Operation Impact has recently expanded to 5 countries as radical generosity spreads through partnership. In addition, multi-site food distribution, backpack drives, and coat drives provide for many year round

Mike and Julie have two daughters—Everly Faith and Bella Joy. They currently reside in Queens, NYC where you’ll find them discovering new restaurants, ice skating, driving to ballet rehearsal, or laying around at a beach.