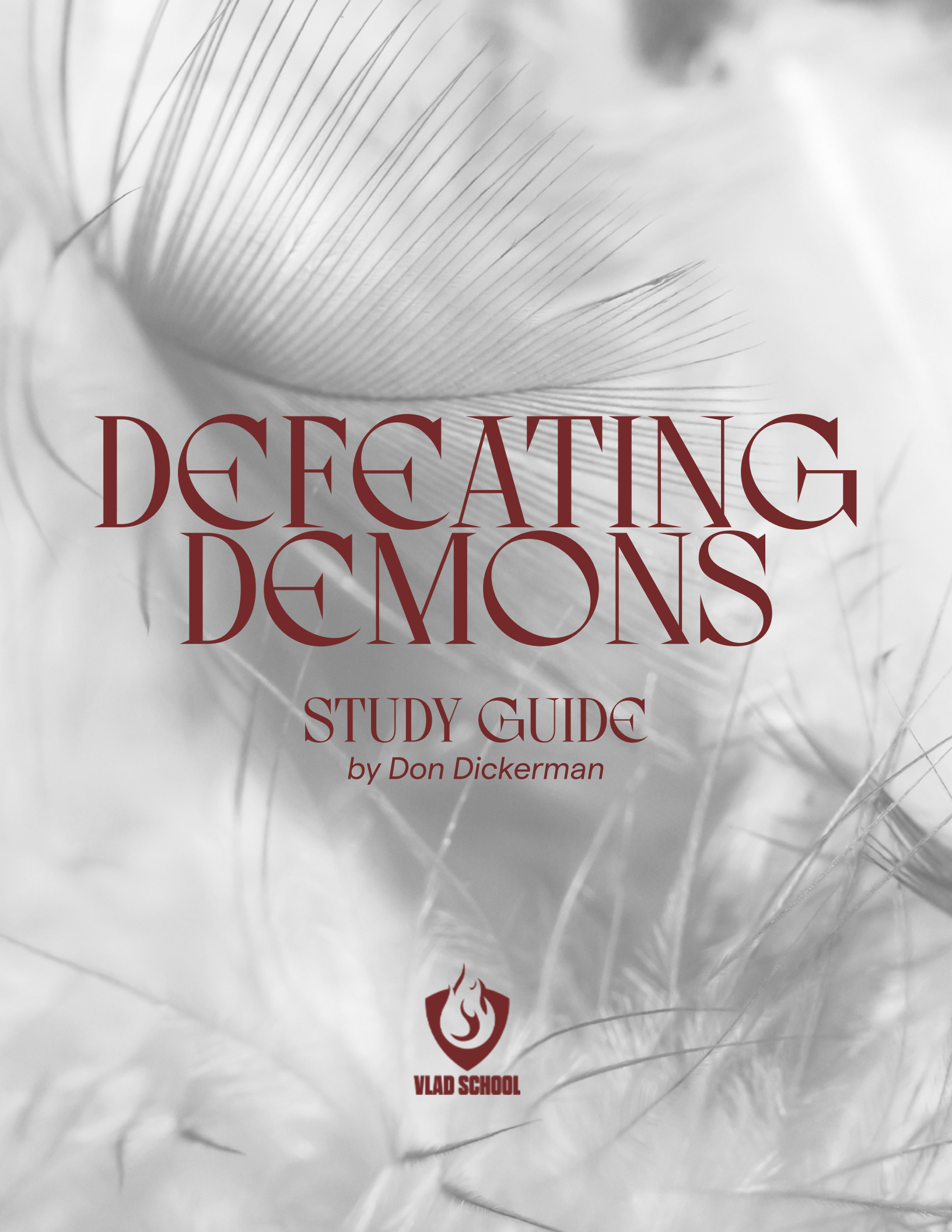

DEFECATING DEMONS

STUDY GUIDE

by Don Dickerman

VLAD SCHOOL

TABLE OF CONTENTS

1. Christians Can Have Demons
2. Open Doors to Demons
3. Generational Curses
4. Possible Evidence of Spiritual Oppression
5. Courtroom of Freedom
6. How to Get Free
7. How to Stay Free
8. Wrestling with Principalities

Lesson 1

Christians Can Have Demons

"And these signs will follow those who believe: In My name they will cast out demons; they will speak with new tongues" (Mark 16:17).

Frank Hammond once said, "A Christian can have anything they want to have."

Demonic Oppression vs Demonic Possession

"...God anointed Jesus of Nazareth with the Holy Spirit and with power, who went about doing good and healing all who were oppressed by the devil, for God was with Him" (Acts 10:38).

Demonic oppression is characterized by holding down, holding back, and condemnation. Jesus dealt with the demonic oppression that was keeping people bound (woman with the spirit of infirmity in Luke 13:10-17).

Common Open Doors to Demons

1. Unforgiveness
   If you have unforgiveness and bitterness in your life, you most likely have a demon. Once they have access to your life, they have many ways they can operate.

2. Sexual trauma
   Sexual trauma is also an open door to demons. While the victim of sexual trauma was a victim, often the demon gets transferred to them.

Demons are condemners and accusers. Jesus called Satan the accuser of the brethren.

"Then I heard a loud voice saying in heaven, "Now salvation, and strength, and the kingdom of our God, and the power of His Christ have come, for the accuser of our brethren, who accused them before our God day and night, has been cast down" (Revelation 12:10).

Lesson 1

Deliverance is needed today. It's not enough to crucify the flesh; you have to cast out demons.

Demons know where your weakness is, so that's where they normally attack.

"And, behold, a woman of Canaan came out of the same coasts, and cried unto him, saying, Have mercy on me, O Lord, thou son of David; my daughter is grievously vexed with a devil.

But he answered her not a word. And his disciples came and besought him, saying, Send her away; for she crieth after us.
But he answered and said, I am not sent but unto the lost sheep of the house of Israel.

Then came she and worshipped him, saying, Lord, help me.
But he answered and said, It is not meet to take the children's bread, and to cast it to dogs" (Matthew 15:22-26 KJV).

Deliverance is "the children's bread," as the Canaanite woman mentioned.
We are adopted into God's family; we are His children. Deliverance is for us!

"But when the fullness of the time had come, God sent forth His Son, born of a woman, born under the law, to redeem those who were under the law, that we might receive the adoption as sons" (Galatians 4:4).

Lesson 2

Open Doors to Demons

Ways that Demons Gain Access to a Believer's Life

1. Unforgiveness
   Holding on to an offense and refusing to forgive allows demons to attach to us.

2. Anger
   Having anger itself is not a sin, but we need to deal with it quickly. When we hold onto it and allow it to grow, it can turn into wrath and malice.

   "Be angry, and do not sin": do not let the sun go down on your wrath, Neither give place to the devil" (Ephesians 4:26-27).

   "If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness" (1 John 5:9).

3. Sexual impurity
   Romans 1 talks about how sinful our lustful desires are.

   "And even as they did not like to retain God in their knowledge, God gave them over to a debased mind, to do those things which are not fitting; being filled with all unrighteousness, sexual immorality, wickedness, covetousness, maliciousness; full of envy, murder, strife, deceit, evil-mindedness; they are whisperers" (Romans 1:28-29).

   "Or do you not know, brethren (for I speak to those who know the law), that the law has dominion over a man as long as he lives?" (Romans 7:1).

   When you do the things the Bible says not to do, you open a door.

4. Dishonoring your body
   Many times, a demon will say that the individual is marked for them. Tattoos and even body piercings (Romans 1), can be an open door.

5. Lying
   "These six things the Lord hates, Yes, seven are an abomination to Him: A proud look, a lying tongue..." (Proverbs 6:16-17).

   Believing a lie is the power of the demon; telling a lie is a result of believing a lie.

6. Blasphemy
   Recurring blasphemous thoughts left unaddressed can be a serious open door.

7. Occult involvement
   any people get involved in the occult out of curiosity. They want to know about tarot cards, spells, yoga, etc. They often engage in oaths, vows, secret fraternities, and societies where these are practiced.

8. Trauma & surgery
   If you've experienced trauma stemming from a surgery/medical event that opened the door to fear, often this can give way to demons.

9. Pornography
   This is an obvious but common open door for both men and women of all ages.

10. Doubt & unbelief
    As we grow in the Lord, we all have questions, but we can cross over into doubt and unbelief when we refuse to accept the Word of God. There are demons that intentionally work to cause unbelief.

11. Demonic objects
    Objects collected or brought as souvenirs from other countries can often have curses attached to them. When we bring these objects back and place them in our homes, we introduce all the attached curses into our homes.

12. Unconfessed sin
    The best policy is to not hold onto sin; keep yourself clean through regular confession. Admit it and quit it.

Lesson 3

Generational Curses

Generational curses refer to when someone is born with a curse in their life from something their ancestors did. Some argue that this doesn't seem fair, but God is perfect and His ways and judgments are righteous. Even if we don't understand, it's important to agree with His ways.

"...For I the Lord thy God am a jealous God, visiting the iniquity of the fathers upon the children unto the third and fourth generation of them that hate me" (Deuteronomy 5:9 KJV).

God gave man the choice of blessing or curse. We always choose one or the other.

"I call heaven and earth as witnesses today against you, that I have set before you life and death, blessing and cursing; therefore choose life, that both you and your descendants may live" (Deuteronomy 30:19).

We see in Scripture that David came against Goliath in the name of Jesus.

"Then David said to the Philistine, 'You come to me with a sword, with a spear, and with a javelin. But I come to you in the name of the Lord of hosts, the God of the armies of Israel, whom you have defied'" (1 Samuel 17:45).

God has given us authority in His name to cast out demons and direct our "slingshot" towards the enemy.

Goliath may have had the weapons, but David had the name. The same is true for deliverance ministers—the name of Jesus is more powerful than the enemy's weapons.

Generational or ancestral curses are often recognized by the impairment of normal physiological functions.

Curses listed in Deuteronomy 28 can be summarized generally as follows:

1. Mental and emotional breakdown. This is a very common work of demonic powers and is evidenced by the number of people in psychiatric treatment today.
2. Barrenness and impotency, together with miscarriages and related female complications.
3. Failure—plans and projects that never mature. Many times, I have encountered "blocking" spirits and "hindering" spirits whose purpose and assignment is to prevent blessings from coming.
4. Poverty or perpetual financial insufficiency.
5. Spiritual hindrance in hearing God's voice, sensing God's presence, understanding the Bible, concentration in prayer, and being devoid of spiritual gifts.
6. Life traumas—going from one crisis to another.
7. Untimely and unnatural deaths.
8. Breakdown of family relationships, including divorce.
9. Sickness and disease, especially chronic and hereditary diseases.

How to overcome generational curses:

10. Get rid of permissions that have allowed the curse to remain.
11. Cast out the demons.

Lesson 4

Possible Evidence of Spiritual Oppression

Just because a person has a symptom or two on this list does not mean that they have a demon; however, the more signs that resonate, the higher the probability that a demon may be present.

The List of Symptoms for Spiritual Oppression

Compulsive Thoughts

1. A compulsive desire to blaspheme God.
2. A revulsion against the Bible, including a desire to tear it up or destroy it.
3. Compulsive thoughts of suicide or murder.
4. Deep feelings of bitterness and hatred toward others without reason: Jews, other races, the church, strong Christian leaders.
5. Any compulsive temptations which seek to force you to thoughts or behavior which you truly do not want to do or think.

Compulsive Feelings

6. Compulsive desires to tear other people down, even if it means lying to do so. Vicious cutting by the tongue.
7. Terrifying feelings of guilt even after honest confession is made to the Lord.
8. Certain physical symptoms which may appear suddenly or leave quickly and there are no physical or physiological reason.
    a. Choking sensations.
    b. Pains which seem to move around and for which there is no medical cause.
    c. Feelings of tightness about the head or eyes.
    d. Dizziness, blackouts, or fainting seizures.
9. Deep depression and despondency.
10. Sudden surges of violent rage, uncontrollable anger, or seething feelings of hostility.
11. Terrifying doubt of one's salvation even though they once knew the joy of salvation.

12. Seizures of panic or other fear that is terrifying.
13. Dreams or nightmares that are of a horrific nature and often ...recurring. Clairvoyant dreams that may even come true are most often demonic.
14. Abnormal or perverted sexual desires.
15. Questions and challenges to God's Word.
16. Sleep or eating disorders without physical cause.
17. Most compulsions and obsessions.
18. Rebellion and hatred for authority.
19. Bizarre terrifying thoughts that seem to come from nowhere and you cannot control them.
20. Fascination with the occult.
21. Involvement in criminal activity.
22. Extremely low self-image (unworthy, a failure, no good - a constant undermining of the self-identity)
23. Constant confusion in thinking (sometimes great difficulty in remembering things).
24. Inability to believe (even when the person wants to).
25. Mocking and blasphemous thoughts against preaching/teaching of the Word of God.
26. Perceptual distortions - perceiving anger, hostility, in others when it doesn't really exist - seeing only judgment in the scriptures.
27. Horrible nightmares causing fear (often having demonic images).
28. Violent thoughts (suicidal, homicidal, encouraging self-abuse, etc.).
29. Hatred and bitterness toward others for no justifiable reason.
30. Tremendous hostility or fear when encountering someone involved in deliverance work.
31. Feelings of being watched or sensing an evil presence.
32. Deep depression and despondency (frequently and at significant times).
33. Irrational fears - panic attacks - phobias.
34. Irrational anger - rage.
35. Irrational guilt - self-condemnation to the extreme.

Compulsive Behavior

36. Desire to do what is right (inability to carry it out).
37. Sudden personality and attitude changes (severe contrasts - appears schizophrenic) Bi-polar disorder.
38. A strong aversion toward scripture reading and prayer (especially

one on one).
39. A dark countenance (steely or hollow look in eyes - contraction of the pupils - sometimes facial features contort or change - often an inability to look at your directly.
40. Lying, exaggerating, or stealing compulsively (often wondering why).
41. Drug abuse (especially when there is demonic hallucinations).
42. Eating obsessions - bulimia, anorexia nervosa.
43. Compulsive sexual sins (especially perversions).
44. Irrational laughter or crying.
45. Irrational violence - compulsion to hurt self and/or someone else.
46. Sudden speaking of a language not previously known (often an ethnic language of ancestors).
47. Reactions to the name and blood of Jesus Christ (verbally or through body language).
48. Extreme restlessness (especially in a spiritual environment).
49. Uncontrollable cutting and mocking tongue.
50. Vulgar language and actions.

Consciousness Problems

51. Loss of time (from minutes to hours - ending up someplace, not knowing how you got there - regularly doing things of which there is no memory).
52. Extreme sleepiness around spiritual things.
53. Demonstration of extraordinary abilities (either ESP or Telekinesis).
54. Voices are heard in the mind (they mock, intimidate, accuse, threaten or bargain).
55. Voice - refers to him/her in the third person.
56. Supernatural experiences - hauntings, movement or disappearance of

objects, and other strange manifestations.

Abnormal Medical Problems

57. Seizures (too long and/or too regular).
58. Pain (without justifiable explanation - especially in head and/or stomach).
59. Blackouts.
60. Physical ailments can often be alleviated immediately by a command of spiritual authority (i.e. epileptic seizure, asthma attacks, various pains).
61. Sudden interference with bodily functions (temporary) - buzzing in ears, inability to speak or hear, sudden severe headache, hypersensitivity in hearing or touch, sudden chills or overwhelming heat in body, numbness in arms or legs, temporary paralysis.

Note: If a person has only a few of the above symptoms, which have no apparent demonic connections, then there is probably nothing much to worry about. But if many of these symptoms can be checked, there is a likelihood that there is a measure of spiritual oppression in place. This should be checked out. After all, there is really nothing to lose by doing so, except one's pride.

Lesson 5

Courtroom of Freedom

I often view deliverance as a courtroom where Jehovah is the Righteous Judge that we are approaching. It becomes a truth encounter; it's never about power.

The deliverance minister becomes the attorney who represents the person needing deliverance and prosecuting demons.

Four Deliverance Principles:

1. You either have demons or you don't.
2. If you do, it must be because of permission granted in ancestry or in your life.
3. There is no permission that can't be canceled in the name of Jesus.
4. The name of Jesus is the absolute authority, every time.

The individual is asked to confess anything that needs to be brought to light, in the "courtroom." Once the confession is made, deliverance is simple. Confession is not hard. Confess it and address it.

"When Jesus saw him lying there, and knew that he already had been in that condition a long time, He said to him, 'Do you want to be made well?' The sick man answered Him, 'Sir, I have no man to put me into the pool when the water is stirred up; but while I am coming, another steps down before me'" (John 5:6-7).

"Afterward Jesus found him in the temple, and said to him, 'See, you have been made well. Sin no more, lest a worse thing come upon you'" (John 5:14).

Don't keep on committing the sin once you've been delivered.

The "courtroom" of freedom is me representing Jesus Christ as the attorney and prosecuting the demons, asking if they have a legal right to be in a person's life. If they don't, they have to go.
Already we see that this is not an ordinary courtroom; only the truth will be recognized here. You see, deliverance is not about power, and it is not just about authority, though we certainly have it in Jesus Christ's name. Demonic oppression

causes us to believe a lie. Demons' rights to our lives are obtained through sin and disobedience. All demons are liars. Their rights to a believer's life are through deception in our lives and the lives of our ancestors.

I will prosecute demon powers based upon the truth of God's Holy Word. All demons are liars, so what they say must be challenged with the question, "Will that stand as truth before Jehovah God?" I have found that demons will not lie to Jehovah God!

Deliverance Principles

1. Either a believer has demons, or he does not.
2. If he has them, then the demons are there by some kind of legal consent.
3. The believer must have a sincere desire to be free from demonic powers. The human will is absolutely recognized in this process: confession, denunciation, renunciation, and repentance.
4. Coming into agreement with God's Word can cancel any legal consent that demons may have.
5. Once the consent or legal right has been removed, the demons can be cast out in Jesus Christ's name.

Lesson 6

How to Get Free

1. If you want to be free, you can be.

Freedom is never dependent on the deliverance minister to get you free; you have to want it, and it can't happen against your will. God always honors your will.

If you want to be free, the way you get free is a desire to turn loose from what's keeping you in bondage. Sometimes it's a combination of the flesh and a demon.

2. Turn from your old way of life.

"If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness" (1 John 1:9).

The key is confession. Confess your sin; admit it to God.

"And he brought them out and said, 'Sirs, what must I do to be saved?' So they said, 'Believe on the Lord Jesus Christ, and you will be saved, you and your household'" (Acts 16:30-31).

Getting free is recognizing who the Lord Jesus is, recognizing the power in the name of Jesus, and surrendering yourself to Him.

If you want to be free from demonic strongholds, the same principle applies: Can you believe Him, can you confess Him, can you trust Him with your life? Are you willing to open the door for Jesus to be the Lord of your life?

Lesson 7

How to Stay Free

These three "Rs" are important ways to keep yourself free and clean: Recognize, resist, and remain.

1. Recognize

Recognize the thoughts that come into your mind.

"...Casting down arguments and every high thing that exalts itself against the knowledge of God, bringing every thought into captivity to the obedience of Christ" (2 Corinthians 10:5).

Take the thoughts captive and replace them with God's thoughts.

"Finally, brethren, whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report, if there is any virtue and if there is anything praiseworthy—meditate on these things" (Philippians 4:8).

When you recognize the work of the enemy, it's easier to resist him.

2. Resist

Once you recognize the enemy's scheme in your life, the Bible says to resist.

"Therefore submit to God. Resist the devil and he will flee from you" (James 4:7).

"Ye are of God, little children, and have overcome them: because greater is he that is in you, than he that is in the world" (1 John 4:4 KJV).

Recognize the enemy's tactic and stand on God's Word. Resistance is going in the opposite direction of the enemy's tactic. The enemy will never willingly release the oppressed, but there is never a time when the name of Jesus is not sufficient.

3. Remain

When you've resisted, you'll notice that it's not as hard as you thought it would be. Stand strong in the authority Christ died to give you:

- Abide in Christ.
- Agree with the Word.
- Apply the Word.
- Associate with other believers.
- Adore Him with praise and worship.

Lesson 8

Wrestling with Principalities

The phrase "principalities and powers" occurs six times in the Bible, always in the King James Version and its derivatives. There are some versions that translate it variously as "rulers and authorities," "forces and authorities," and "rulers and powers."

Some principalities oversee regions, states, counties, and even houses. Don't mess with principalities and territorial spirits. It's outside of our realm of authority. Our authority is limited to casting demons out of people, not high-ranking demons out of regions. Territorial warfare can bring needless casualties.

Jesus prepared His disciples to go from house to house and from person to person.

"Heal the sick, cleanse the lepers, raise the dead, cast out demons. Freely you have received, freely give" (Matthew 10:8).

Principalities and powers are higher-ranking demons.

We are called to evangelize and make disciples. That's how we weaken the influence of the principality over a region.

The first mention of principalities and powers is in Romans 8.

"Yet in all these things we are more than conquerors through Him who loved us. For I am persuaded that neither death nor life, nor angels nor principalities nor powers, nor things present nor things to come, nor height nor depth, nor any other created thing, shall be able to separate us from the love of God which is in Christ Jesus our Lord" (Romans 8:37-39).

The second mention of principalities and powers is found in Ephesians 1.

"Which He worked in Christ when He raised Him from the dead and seated Him at His right hand in the heavenly places, far above all principality and power and might and dominion, and every name that is named, not only in this age but also in that which is to come" (Ephesians 1:20-21).

Jesus sent His disciples to people and commanded them to drive demons out of people, not territories.

"Behold, I give you the authority to trample on serpents and scorpions, and over all the power of the enemy, and nothing shall by any means hurt you" (Luke 10:19).

God tells us to pray for the peace of Jerusalem in Psalm 122, not to pray against the principality of Jerusalem.

"Pray for the peace of Jerusalem: May they prosper who love you. Peace be within your walls. Prosperity within your palaces. For the sake of my brethren and companions, I will now say, 'Peace be within you.' Because of the house of the Lord our God I will seek your good" (Psalm 122:6-9).

Demons are very skilled at bringing oppression and torment to people. But Jesus told His followers to cast out demons and gave us power to overcome them all. Freedom is available for any person who wants to be free!

Defeating Demons Discussion Questions

Don Dickerman

Lesson 1 – Christians Can Have Demons

Ice Breaker: Do you personally believe Christians can have demons? Why or why not?

Watch Video

Suggested Scripture to Read:

Matthew 15
Acts 10:38

3 Discussion Questions:

1. Have you ever seen a deliverance take place in a person, if so, what was your first experience like?

2. Why are some of the core beliefs that cause people to claim that Christians can't have demons, and how would you combat those beliefs?

3. Have you personally undergone deliverance? What was that like and were you a believer at the time?

Defeating Demons Discussion Questions

Don Dickerman

Lesson 2 – Open Doors to Demons

Ice Breaker: What are some open doors that you struggled with at one point in your life, and how were you able to "close them?"

Watch Video

Suggested Scripture to Read:

1 John 5:9
Ephesians 4:26-27
Romans 1:28-29
Romans 7:1
Proverbs 6:16-17

3 Discussion Questions:

1. What role does forgiveness play in deliverance? Why do you think that to be the case?

2. How can someone know they have opened a door to a demon vs just sinned once?

3. What are some practical ways you keep yourself from opening doors to demons in your daily life?

Defeating Demons Discussion Questions

Don Dickerman

Lesson 3 – Generational Curses

Ice Breaker: What are your initial thoughts when someone mentions generational curses?

Watch Video

Suggested Scripture to Read:

Deuteronomy 5:9; 30:19
1 Samuel 17:45

3 Discussion Questions:

1. How can someone know that they have been freed from a generational curse? Have you experienced freedom from one?

2. Do you know of any generational blessings in your ancestry line?

3. What are some generational blessings that you wish to pass on to your children and grandchildren?

Defeating Demons Discussion Questions

Don Dickerman

Lesson 4 – Possible Evidence of Spiritual Oppression

Ice Breaker: What are some ways that a person can prepare for deliverance?

Watch Video

Suggested Scripture to Read:

Galatians 5:1

3 Discussion Questions:

1. After watching the video lesson, what symptom(s) were you surprised to learn could be a sign of demonic oppression?

2. Were there any symptoms from the list that you are struggling with now?

3. How can someone be sure that the issues/symptoms they are experiencing are demonic in nature?

Defeating Demons Discussion Questions

Don Dickerman

Lesson 5 – Courtroom of Freedom

Ice Breaker: What role does a legal right play in deliverance? Why?

Watch Video

Suggested Scripture to Read:

John 5:6-14

3 Discussion Questions:

1. According to the video, what are the Four Principles of Deliverance and why are they important to know?

2. Why is confession an important part of deliverance? Can freedom happen without it?

3. Have you ever done deliverance on someone else? When would someone be ready to do this? And how can they prepare?

Defeating Demons Discussion Questions

Don Dickerman

Lesson 6 – How to Get Free

Ice Breaker: Can deliverance happen against a person's will?

Watch Video

Suggested Scripture to Read:

Acts 16:30-31

3 Discussion Questions:

1. What is the number one way to get free? Why?
2. Is there an area in your life that you can identify is keeping you bound? Why do you believe that is?
3. What role does faith play in achieving total freedom?

Defeating Demons Discussion Questions

Don Dickerman

Lesson 7 - How to Stay Free

Ice Breaker: After your deliverance, how can someone grow their spiritual strength and stability? Which tools have you found to be personally effective?

Watch Video

Suggested Scripture to Read:

2 Corinthians 10:5
Philippians 4:8

3 Discussion Questions:

1. What are some of the ways that you resist the things that you have been freed from? If you still struggle, what are some practical ways you could fight against these temptations?

2. What is the significance of the three “R’s”? And how are they beneficial?

3. Is it always easy to discern when the devil is at work in/around our lives? How can we become more aware of his plots to resist them?

Defeating Demons
Discussion Questions

Don Dickerman

Lesson 8 – Wrestling with Principalities

Ice Breaker: What are your thoughts when we mention “waging war with spiritual principalities?”

Watch Video

Suggested Scripture to Read:

Romans 8:37-39
Ephesians 1:20-21
Luke 10:19

3 Discussion Questions:

1. What is the significance of principalities and powers? Why should we be aware of this?

2. Have you ever engaged in second-heaven warfare? If so, what happened?

3. Do you believe that a singular Christian can weaken the influence of a principality over a region? Why or why not?